The Crest

Respect                         Responsibility                         Personal Best

A proud member of the:

KEERAWALL COMMUNITY OF SCHOOLS

June 24, 2015       Term 2 Week 10
Term 3 Staff Development Day
Monday, 13th July is a pupil free day so please remember that students return to school on Tuesday, 14th July.

Semester One Reports
Half yearly reports went home Friday. If you have any concerns please contact your child’s teacher for an appointment.

Performing Arts
- Congratulations and good luck to both dance groups. The dance groups are performing at Glenn St Theatre, this week.
- Congratulations to our school concert band who performed on Sunday, 14th June at Wahroonga PS.
- Congratulations to both drama groups on their selection to the Arts Alive Drama Festival next term, held at NIDA.

Athletics Carnival
We were definitely lucky with the weather yesterday. Many thanks to all students, teachers and parents for ensuring that our carnival was a success. Thanks also to Wayne Bingham for all his expertise and experience; without him we would have to run this carnival over two days.
Congratulations to all our competitors, whether winners or participants, it is great to see everyone join in and enjoy the day.

Term Fees
Unpaid fees for Term 2 are now overdue. These fees include excursions and school incursions which are organised to enrich the School Learning Programs. Accounts for unpaid fees have been sent to parents and caregivers. Please contact the principal if you are experiencing financial difficulty in meeting these accounts. Arrangements can be made but it is difficult to help if communication regarding payment is not made.
Please also be aware that if you choose for your child to be part of an elective sport team or group, payment needs to be made otherwise children will have to be omitted from the team.

School Uniform
I am very impressed to see nearly every child, nearly every day, in complete school uniform. Unfortunately, it is not the same on Fridays with the sports uniform. Please remember – leggings are not part of the school uniform or sports uniform. Also short shorts are not part of the sports uniform for either boys or girls. Please also ensure that if, for some reason, you feel your child needs to wear skins under their shorts that they are black and not another colour!

Congratulations to Fiona T 4W who was a recorder soloist at the Festival of Instrumental Music.

Di Bower -Principal

SSG NEWS - We had two successful events in the past few weeks, the disco and the Great Clothing Event.
The disco was enjoyed by many children with our DJ Mark once again entertaining them with music and games. Many thanks to Carolyn for her organisation and all the wonderful volunteers who helped on the night.
It was great to see so many ladies enjoying themselves shopping on Saturday night at the Great Clothing Event. The night was a huge success with approximately $1300 raised. A very special thank you to Jodi and her team of

ENROL NOW FOR KINDERGARTEN 2016

Enrolments for Kindergarten are well underway.
If your child or you know of a child ready to start school next year make sure they are enrolled.
Our orientation programs begin next term with the Kindy Fun Day on Thursday 3rd September.
Berowra Beginners Program commenced Week 2 Term 4 and Orientation Day in November.
For more information contact the school office on 9456 1319.
volunteers for the many hours they spent sorting the donated clothes, cooking to provide supper for the night and making sure all the ladies had fun shopping.

Don’t forget about the IGA Community Benefit Card. For every purchase you make at IGA, show them your card and they will donate money to the school.

It is quick and easy to join. Simply ask a cashier and nominate Berowra Public School as your charity.

We are currently planning Family Portraits as a fundraiser. You can have a beautiful family portrait and raise money for your school at the same time. Save the date Saturday 24th October 2015 to book in for your photo shoot.

More information to follow closer to the date.

**CANTEEN** - Check out BPS Canteen News on Facebook. It contains new items on the menu, events, happening and special day reminders.

Our school canteen is open three days a week:-

Wednesday, Thursday and Friday.

Don’t forget you can order lunches online at flexischool.com.au.

**DRAMA NEWS** - Congratulations to BOTH drama groups for being selected to perform at the Arts Alive Festival of Drama. The children did a great job at the audition and their parents are amazing for rustling up some ingenious costumes.

There is a drama note going home today with the children, with all the information about tickets, performance and rehearsal times and the all important Participation Permission Note which needs to be signed and returned.

Have a wonderful holiday.

Jennie Smith

**LIBRARY NEWS** - Children are borrowing extra books to read over the holidays. Keep encouraging your children to borrow as we have some wonderful new picture books and novels. Thank you to our parent helpers, Mrs Jones and Mrs Magnusson, who cover books so expertly as well as our wonderful Book Club organisers, Mrs Steele and Mrs Williams.

Happy reading days ahead.

Jennie Smith

**BANKING** - School Banking is held every Tuesday morning in the canteen however there will be NO BANKING on the first day back at school in term 3, Tuesday 14th July. Banking will resume as normal the next week on Tuesday 21st July.

**P&C NEWS** - Don’t forget to return your Entertainment Book to the classroom if you don’t want to purchase it. More books are available at the office if needed.

This month we have a fundraising focus. You will notice P&C members and P&C funds have been busy around the school the last two terms. Thanks to all of your support leading up to and during the 2014 Fair. The funds raised paid for the covered walkway extensions from the hall to BOOSH.

The P&C would like to thank the following people and organisations for the completion of the BBQ area:

Graham Gates  Matt Waite
Brendan Last  Phil Compton
Linx BBQ  RLC Plumbing
Superior Sheet Metal – Hornsby

Finally in the back of the Crest you will see a ‘keep the date’ flyer for our Trivia Night Fundraiser on Saturday 28th November. This gives you plenty of time to get a table together and support the school while having a night of fun!

**UNIFORM SHOP** - Open Monday morning 9-10am and Thursday afternoon 3-3.30pm.

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<td>K Krishnaratna &amp; L Plumridge</td>
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Page 2
K-2 Assembly
3-6 Assembly
This fortnight, our K-2 Snippets, feature our latest adventures. We hope you have a very safe, restful and happy holiday.

Kindergarten - The Happening Year!

Even though it has been raining, Kindergarten is still having “fitness fun” with our Healthy Heart program.
1T are currently looking at money with our student teacher Mrs Ferreira. Mrs Ferreira created four exciting games that the students completed at each activity station.

The four activities were: a computer puzzle- rearranging the notes, using the plastic coins to make the correct amount, roll the dice with a partner to add up the highest value notes and matching the piggy bank to the correct amount of coins.
Year 2 – The Big Mob

2C have been making our spelling words each Thursday. We have been using Lego, pasta, scrabble letters, wooden tiles, blocks, plastic links, letters cut from magazines, square counters and round counters.

Snippety Yours,
Sally Till and the K-2 Staff
AN INVITATION

BEROWRA PUBLIC SCHOOL

KINDERGARTEN 2016 FUN DAY

THURSDAY 3RD SEPTEMBER 2015

The students and staff of Berowra Public School would like to invite you and your family to visit our school and meet your new Kindergarten playmates.

Our Kindergarten Fun Day commences at 10.00am until 11.15am on Thursday 3rd September 2015. Please meet at the Hall.

10.00am Welcome in the Hall

10.15am Activities

10.45am Visit Kindy classrooms for singing

11.15am Finish

Come along and visit our school. Tea and coffee for parents is provided by the School Support Group.

Kind regards

Di Bower
Principal
Term 2

We are proud to be a PBEL school!
The sound of metal clashing against the floor suddenly woke me. I have a quick look around to see where I am. I seem to be in some sort of room that looks fit for a king! Then a guard walks in. “You’re awake my lord,” he realised and started to bow. “Why are you all calling me that?” I asked him. “Because, you’re our lord,” he replied sincerely still bowing. “Okay?” I said “But seriously, why are you all calling me the king?” “The legend foretold you were coming” he replied while getting up. “Do you have a record of this……legend?” I questioned him a bit too harshly I guess because his suddenly fell back to the floor and started saying, “I’m sorry if I upset thee my lord” in a very apologetic way. “It’s ok,” I said trying to comfort him even though he is older than me. “I just said it too harshly, I’m the one who should be sorry, now could you please show me this legend?” “Yes my lord right this way,” he said leading me to another room.

Chapter 2
The Palace

“Whoa!” I exclaimed as the guard led me into their library. “By the way,” the guard said “My names Lennox.” “Nice name, Lennox” I replied “And you already know my name,” “Yes I do, Lord Phoenix.” “Right now where is this legend?” I asked. “It should be right over … aha” Lennox pulled a dark dusty book off the shelves and blew on it. Then, a tonne of dust particle flew off the book and revealed a beautifully golden rimmed book. I whistled, “Wow!” I cried “That’s awesome!” Lennox started flipping through the book trying to find the right page. “Here it is!” He called; I quickly rushed over as he started to read. “In a time when all hope is nearly lost a hero will appear in front of the gates. That hero’s name will be Phoenix, and he will be the king of the north until the end of his days, that’s it.” Lennox looked a bit puzzled, “What’s up?” I asked. “Nothing,” he said quickly closing the book and putting it away, “But you should get some sleep, tomorrow I’ll show you around the palace!” “Okay, see you tomorrow.” Then I went back to bed.

In the morning I awoke to breakfast in bed. “Good morning, my lord,” It was Lennox, obviously. “I brought you some bacon, eggs and juice.” “Wow, thanks Lennox!” I thank him. After breakfast I ask Lennox “So where to first?” “How about the throne room?” he asks me. “Cool!” I reply.
THE MYSTERIOUS NOISE

I slowly crept down the dusty forgotten trail. Things are not going to plan so far. I’ve lost my compass somewhere and my map was ripped to shreds by my pocket knife. I feel like I’m in an action movie where everything goes wrong. I have no way to get home and no way to get help. I’m stuck here – alone…

I continued to just walk. I walked as far as I could. Just as I gave up hope and sat down beneath a mossy, old tree, I heard a mysterious rustle. This was the first noise I had heard for hours! I sat up at once and scrambled to my feet. I probably looked like a meerkat! I snuck over to the other side of the fence to investigate. There, I leaped over the rotten fence – so old it was about to fall down – and ventured into the thick bamboo wilderness. After about an hour of searching, slipping through thousands of trees, I heard the rustle again. It was much louder and closer this time. I whipped my head around as quickly as a blink to find an enormous, majestic tiger! I was petrified! I stood there too frightened to move. I must have looked as though I was frozen in time.

Suddenly, for some reason, the tiger sat down in front of me! He was so well-trained! It was like he had an owner! “Hey”, I whispered softly with a quiver in my voice. “That’s a good boy”. The tiger grunted as if to say thanks. He was so sweet! “I think I’m going to keep you!” I muttered, shocked at my own words. “I’ll call you Max!” The tiger or should I say Max, seemed to agree and nodded his head.

From that day on, we were inseparable. We spend every minute of every day together. We protected each other and became sort of a family. Everything was well for a very long time. However, one day something was not right. Max did not want to do anything. He didn’t want to scavenge for nuts or berries and he didn’t even want to chase me around the jungle. He just lied by the campfire with a sad look on his face. “Hey Max?” I asked worried, “What’s wrong? Are you sick?”

Max rolled over, away from me. He obviously was sick and didn’t want to interact. I must find a cure I thought to myself. I leapt to my feet and raced into the dense jungle, scanning every tree and shrub for a specific berry. My dad had taught me about this berry when he and I used to go on mini adventures in the backyard when I was little.

After a while, I found it. As I weaved in and out of the trees, I prayed it wasn’t too late. I sprinted over to Max and fed it to him, with my fingers crossed. After a long, nerve racking 30 minutes, Max slowly stepped onto his feet. I let out a booming ‘YES’ at the top of my lungs. I even made a few birds fly away in fright! I ran over to Max and squeezed him! I was so glad he was ok! “Tip you’re it!” I yelled, “Come and get me!”

Max ran towards me, playfully. I was so happy that he was back to his usually, goofy self!

Artwork from 3A
The Opera House inspired by the Vivid Light Festival.
I can’t believe this is happening, I also can’t believe how horribly wrong my holiday to China has gone. It all started off with a trip to the Great Wall of China. Then things went disastrously wrong.

It all started off when I saw my favourite author standing next to me. I was surprised to see that nobody was near her. After all, she had written the most popular children’s series in the world. I took my chance and ran over to her. “Nice view” I shyly commented. I mean we were on the Great Wall of China. “Isn’t it gorgeous the sky is as clear as a crystal blue bell” she happily replied. “I love your books” I suddenly gushed out. “Why thank you” she replied. We started merrily chatting. I saw some people staring jealously at us. At first I was proud. Then I noticed that people weren’t staring jealously, they were looking at me with confusion. Just as I was about to ask her why people were staring, she started to flicker and glitch and before I could call out to her, she was gone.

I was puzzling over this for days and nights. I mean people can’t just disappear like that. It’s just impossible. Well I thought that it was impossible, until it happened again.

This time I was at a Chinese tea shop. I was just sipping my tea and enjoying its warmth, when my favourite singer, Tessa Sift, walked in, ordered her tea and came and sat at my table.

“What tea have you got” she questioned. “Green tea” I replied. “What tea do you have?” “Oh just the berry one” she answered gesturing to her tea. “Nice” I answered, then not being able to contain myself I burst out “I love your music, it’s the best!” “Thanks” she replied looking red. “Would you like me to sing for you?” “Would I” I almost yelled. She started singing my favourite song called ‘I knew you weren’t trouble’. I couldn’t contain myself so I got up and started dancing. But when I looked around I couldn’t see anyone else dancing, I could only see the same looks that people had given me when I was on the Great Wall of China. “May I help you?” the man who owned the tea shop asked. “Would you like me to put some music on?” “Would I” I almost yelled. She started singing my favourite song called ‘I knew you weren’t trouble’. I couldn’t contain myself so I got up and started dancing. But when I looked around I couldn’t see anyone else dancing, I could only see the same looks that people had given me when I was on the Great Wall of China. “May I help you?” the man who owned the tea shop asked. “Would you like me to put some music on?” “No” I replied my voice full of scorn. “Why would I want music on when Tessa Sift is singing” I answered then broke of, because when I turned to look at her, she was gone. I turned and stormed out of the tea-shop!

The next day I stayed in my room, with my eyes closed wondering what was happening. Just as it was getting dark I heard a voice. I looked up sharply and saw an old woman. Her face was covered in wrinkles though her nose was flat, liked it had been ironed. You could tell though when she was younger, she would have been beautiful.

“Who are you” I slowly questioned reaching out. “What are you doing” she suddenly snapped at me. “Seeing if you are real or not” I quickly answered. “Oh yeah, I forgot about that curse I put on you, anyway come with me” she slowly replied. Without thinking I did. I slowly followed her.

I must have fallen asleep and let my senses follow her because the next thing I saw was a forest. This wasn’t any forest, it was a bamboo forests. Tall bamboo rods swayed in the wind towering over us. I looked down at my feet and realised that we were working on gravel. It was also peaceful; I could hear a pin drop. “Now” the old lady said, I had almost forgotten she was there. “Close your eyes and listen.” I did as she said. Suddenly I was swept of my feet like a leaf in a breeze, but I kept my eyes closed. I am not sure how long it was, but when I finally opened my eyes again, I was back on the Great Wall of China. I looked around and saw my family; it was like a second hadn’t passed. I ran over to them. “Hey let’s take a family picture” my Dad commented. “Sure” we all replied! And that was the end of my slightly scary, but very interesting adventure!

THE END
LABRYNTH

By Edward R 6B

I had faith in myself. I had faith that I would finish the labyrinth. I would be called a hero by those who teased me. Nothing would be the same once I finished the maze. Nobody had ever finished this complex; also nobody knew where the strangely unfamiliar labyrinth came from.

I had been teased ever since I was young. I do not know why they teased me, but all I know that it got worse every day. They would say I wasn’t even capable enough to walk 100 metres without collapsing. I’ll prove them wrong I’ll enter the maze and exit out the other side. I will prove myself.

I came to the entrance to the complex. I thought to myself “I can do this”. I take a step into the labyrinth. I know I will finish this weird maze.

Everything around me stood still. Not a sound could be heard. Everything was as motionless and silent as a statue.

I started to walk. It was only a slow walk but soon enough I had reached my first turn. I stood there for about a minute or two until I made a decision. I would go left. I was about to go left but my brain said to go right. My brain and I had a catastrophic argument until I went right.

I had only noticed after a while of walking how tall and thick the bamboo around me was. It was as thick of the canopy layer of a rainforest an as tall as a skyscraper. The path was lined with a rocky, hard surface of gravel. The air was thick around me. I breathed in the beautiful fresh air and I knew that I could never smell another sent so refreshing. I had never taken in so much of the land around me. I ran my hand along every surface I could. The sharp thick bamboo, the rocky surface of the gravel and I waved my hand through the wonderful air.

After a little bit of walking I reached the second path this time, I went with my mind. Countless other turns and all I went with my mind until I saw light…. The gleaming, bright hopeful sunlight.

I started to jog and a jog became a run and a run became a sprint until…..

I made it.

I had faith in myself.

BLURB

If your life depended on a decision what path would you take?

My life depended on decisions that I made. What path would you take?

NOTES YOU MAY HAVE MISSED

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Most notes are on the BPS website under ‘Our School’ tab—’Missed a Note?’
BOOSH Chocolate Drive

Dear Parents

Chocolates were distributed to the classrooms on Friday 29th May.

While our intention is to provide each family, wishing to sell chocolate, with only one box per family, it is difficult for us to determine all families that may have more than one child attending the school. Therefore, if you receive more than one box please feel free to return the extra boxes directly to BOOSH. If you are able and willing to sell more, however, please feel free collect more from BOOSH also.

If you still have your initial box please return the chocolates or payment to BOOSH before the end of the week and if you've received a 2nd box, you can continue to sell them over the school holiday break.

I wish to thank you for your support and to those families who have made a donation instead of selling chocolates. Your support and generosity is greatly appreciated.

Happy Selling

Michelle

booshcottage@bigpond.com.au

BOOSH Cottage is a Non Profit Organisation
Supported by
A Parent Management Committee
**MOBILE PHONES AT SCHOOL**

Parents and students are reminded that mobile phones are **not to be brought to school except in exceptional circumstances.**

Then the mobile phone must be left at the school office before school and collected at the end of the school day.

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**The Magic Forest**

**Chapter 1**

By Marco 6B

It was 5 o’clock in the afternoon and my little brother Jim was crying like a baby because his friend had moved schools. “Please be quiet!” I cried, “I’m trying to do my work!” “Charlie,” mum called, “be nice to your brother!” “I’m trying, but I can’t do my work if someone’s crying as if they’ve lost a limb!” I decided I wouldn’t be able to do my work in the house, so I decided I could go do it in the garden. “Mum, I’m going outside!” I called, “okay, be careful!” “I will!”

The next day I woke up and went to Jim’s room to see if he was awake. I stepped inside and looked around, his toys were all placed neatly on the shelves along with books. I saw a picture of dad on his desk. No one in our family really knew why he had left so suddenly before Jim was born. Then my gaze drifted over to the bed, I gasped, his bed was empty. “Jim stop playing games, it’s not funny!” No answer. “Jim!” Silence. I started to panic, then I spotted a piece of paper on the bed. I walked over to the bed with wobbly strides. I picked up the paper and read it out loud.

“Dear Charlie, I left because I am devastated about my friend moving schools, I can’t deal with the sadness anymore. If you want to find me I am wandering through the bamboo forest.” “NO!” I cried, “NO, NO, NO!”

The rest of the day past slowly. “Charlie!” Mum called, “time for dinner!” At the dinner table mum asked, “hey, where’s Jim? I haven’t seen him all day.” “Um, about that,” I said. “What about that?” Mum asked. Trying not to break into a sob, I told mum about going into Jim’s room and finding the paper on his bed. “That’s just silly,” mum said. “No, no I’m not joking!” I cried, “look,” I ran and grabbed the piece of paper from Jim’s room, ran back and handed it to mum, “here.” She read it in her head. “Well we need to call the police!” She cried in panic. “What are they going to do!” She answered back at me. “I’m going to find him,” I thought glumly.

As mum was calling the police, I sneaked out the back door and ran to the bamboo forest. Night was beginning to fall and as I looked at the forest, it seemed to look back at me. As soon as I stepped into the darkness of the forest, I wished I had not come because I felt small and helpless. I remembered something my uncle had said once, “the bamboo forest is dangerous and magic,” “yeah right,” I had responded, now I was starting to rethink that because the forest seemed to be willing me to go inside. Shivering, I walked further in. “Hello!” I cried, “Jim!” No answer. I looked behind me and screamed, there was a skeleton running at full speed toward me. I zoomed in the opposite direction, sweat pouring down my face, I glanced back and stopped. “What is happening,” I murmured, there was no skeleton to be seen anywhere. “The forest tricks you with illusions,” my uncle had said. “Ah! Stop it!” I screamed as I clutched my head. “I’m seeing things,” I whispered to myself, “I’m just seeing things.”

To be continued…
Australian Red Cross Blood Service

is coming to
Berowra Community Centre
on
Tuesday 28th July
Wednesday 29th July
Thursday 30th July
1:30pm - 6:30pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate
Eat! Have a good sized meal beforehand
Bring photo ID or your blood donor card with you

Roll up your sleeves and give blood

Please phone 13 14 95 to make an appointment

Stewart House Clothing Appeal

It’s time for a clean out of those cupboards over the school holidays!
Stewart House are again asking for donations of clean clothing.

Please return your Stewart House bag to the staffroom foyer by Friday 24th July.

The pick up truck is coming the next week so no more bags after this date please.
The 2015/2016 Entertainment Books have arrived. Each family has received a book to take home and decide if you would like to purchase and keep or return the book to school in its original envelope. **Returns are now overdue.** If you haven't returned your book, please send it to your child's classroom before the end of the week.

Contact Debbie Allen for more information on 0408 445 889.  
$14 from every membership sold goes to Berowra Public School.
BPS P & C
Racing Trivia Night
Saturday 28th November 7pm

GREAT PRIZES FOR TRIVIA, BEST DRESSED AND OTHER FUN GAMES!!!
BRING PLENTY OF GOLD COINS!

Venue: Berowra RSL
Price: $25.00 per person – Adults only, includes Finger Food
BYO – Decorations for Table, Gold Coins for games
Dress/Theme: Racing
Tables: Please organise teams of 8-10 people

TABLES WILL SELL FAST SO BOOK IN EARLY!!
PLEASE RETURN TO SCHOOL OFFICE OR BOOSH COTTAGE BY Friday 13th November 2015

Name: __________________________
Child’s Class: __________________
Table Name: ______________________
No of People: __________ Amount enclosed: __________

Payments can be brought to the school office or to BOOSH COTTAGE by 30th October by cash or cheque made payable to Berowra Public School P & C in an envelope marked “Trivia Night” or by EPOS at BOOSH or Uniform Shop (Monday morning, Thursday afternoon)

Enquiries by email to Lisa Jewkes: bpsfaircoordinator@gmail.com or phone 0413367580, or Tara Andis 0411 882 861

Donations of prizes for the event are also welcome – Please contact Lisa or Tara
SCHOOL HOLIDAY WORKSHOP
Children aged between 5-12 years of age

THURSDAY 2ND JULY:
10.00 – 11.30
CANVAS PAINTING

THURSDAY 9TH JULY:
10.00 – 11.30
CANVAS PAINTING

Please bring morning tea and a drink
$30.00 per child

BOOKINGS CLOSE 26th June, 2015.

FULLY QUALIFIED ART TEACHER
WITH OVER 20 YEARS OF
ART EXPERIENCE

BACHELOR OF VISUAL ARTS
DIPLOMA OF EDUCATION

APPROVED WORKING WITH CHILDREN CHECK
CURRENT FIRST AID CERTIFICATE

ART CLASSES
STARTING 28TH JULY 2015

TERM 3
28th July – 15th Sept
MONDAY $155.00
4.00 – 5.15 PM
TUESDAY $155.00
3.45 – 5.00 PM

TERM 4
12th Oct - 2nd Dec
MONDAY $155.00
4.00 – 5.15 PM
TUESDAY $155.00
3.45 – 5.00 PM

ALL MATERIALS SUPPLIED
NO REFUNDS FOR MISSED CLASSES

CHILDREN AGED 5-12 YEARS OLD

NEXT CARERS SUPPORT GROUP
Convenor & Facilitator
Barbara Lewis
Manager, Carer Support Service
Northern Sydney Local Health District

Speakers:
Margaret Armstrong & Nadia Williams

‘Falls Prevention and Stepping On’

2.30pm
Thursday 9 July 2015

Berowra Community Health Centre
123 Berowra Waters Rd, Berowra Hts

Cost Free
Afternoon Tea will be provided
RSVP: Marie Brooks 9456 3344

Next Meeting Date:
Thursday 13 August 2015

HOLIDAY GYMNASICS
Hornsby RSL Youth Club
Gymnastics
1 Ashley Lane Hornsby NSW 2077
Phone: 9476 6630
Email: hornsbyyrlgymnastics.org.au
Website: www.hornsbyrlgymnastics.org.au

Our popular recreational holiday gymnastics program will be running again throughout the June/July school holidays for all children aged 5 – 12 years (no experience necessary). Children have the opportunity to learn new gymnastics skills, participate in games, circuits, group activities, mini competitions and much, much more!!! We have added some great new themes and activities for our holidays programs in June/July... come and check it out, it’s sure to be lots of fun! Classes are run by fully accredited Gymnastics Coaches, holding Senior First Aid Certificates.

Time: 9am – 3pm each day

Dates: Monday 29th June)
Theme: CRAZY HAIR DAY

Wednesday 1st July
Theme: MASKS

Friday 3rd July
Theme: WINTER WONDERLAND

Monday 6th July
Theme: CARNIVAL

Wednesday 8th July
Theme: WITCHES AND WIZARDS

Friday 10th July
Theme: UNDER THE SEA

Cost: Members Price = $30/day
Non Members Price = $45/day

What to bring: Morning tea, lunch and a drink. No nuts permitted.

What to wear: Dress to suit the theme for the day!

Cancellations: Please note that refunds or credits are not permitted.

BOOK ONLINE NOW!
www.hornsbyrlgymnastics.org.au
THEMED CASTLES,
FAIRY FLOSS
MACHINES,
LOLLY BAGS,
HELIUM BALLOONS
AND MORE....

**MENTION YOUR CHILD’S DAYCARE
CENTER OR SCHOOL AND EARN
POINTS FOR A FREE CASTLE AT THEIR
NEXT FAIR, FETE OR OPEN DAY.........

0456 783 008
www.berowrajumpingcastles.com.au

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EXTENSIONS & NEW HOMES

The simplest way
...to make a healthy afternoon tea.

Try these simple ideas for making
snacks that will satisfy even the
fussiest eater...

- Home made hot chips
  Slice potatoes into thin
discs, and arrange on a
baking tray sprayed lightly
with olive oil. Grill until
golden, and serve with a
small amount of tomato
sauce.

- Bite sized fruit with yoghurt
  It’s a fact—kids are more likely to eat fruit when it
is cut up into small pieces. Try serving some
diced fruit with some reduced-fat yoghurt. It’s a
winner.

- Vegie sticks
  These are so easy to prepare and make a super
healthy afternoon tea. Try cutting up some carrot
or celery sticks and serving them with hummus.

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